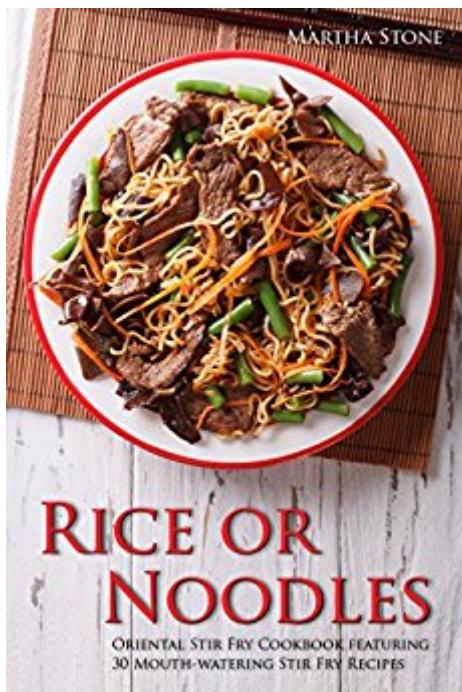


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# Rice Or Noodles: Oriental Stir Fry Cookbook Featuring 30 Mouth-watering Stir Fry Recipes



## Synopsis

Do you ever wish there was a hardy meal you could whip up without slaving for hours over a stove? Do you like fresh, delicious and colorful food but are tired of the same plain boring vegetables you typically see every day? If so, then this Stir Fry Cookbook may just be the answer to all your culinary dreams! Armed with 30 delicious Stir Fry Recipes that are so quick and easy to make that you will not believe that it just came out of your kitchen. Push the take-out menus aside and let's embark on an exciting culinary adventure through Asian cuisine with nothing but our woks, cookbook, thongs and our every building appetite for delicious food. But, enough talking! Let's go rock our wok!==> Buy this book today and get a big bonus cookbook collection inside!!!

## Book Information

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## Customer Reviews

This is an amazing book that has many of my Chinese favorite dishes, the ones I go to a china buffet to get on the all you can eat buffet! Recipes include :Chicken Lo Mein Shrimp Lo Mein Beef Lo Mein Tofu Lo Mein Special Lo Mein Shrimp and Pineapple Fried Rice Szechuan Beef Stir Fry

Szechuan Chicken Stir Fry Kung Pao Shrimp Stir Fry Shrimp Lettuce Wraps Sesame Noodles Honey Sesame Tofu Shrimp Stir Fry Sirloin & Pea Stir Fry Indian Inspired Vegetarian Noodles Stir Fried Tuna Zoodles Shrimps Zoodles Chicken Fried Rice Shrimp Fried Rice Vegetable Fried Rice Beef Fried Rice Tofu Fried Rice Kung Pao Tofu Stir Fried Cabbage Stir Fried Ginger Veggies Ginger Beef and Vegetable Stir-Fry Stir Fried Carrots Stir Fried Potato, Carrots & Zucchini Stir Fried Mushrooms Stir Fried Baby Bok ChoyAwesome book with easy how to and ingredients

I would have given more stars just a little disappointed in in the book overall. No color pictures, recipes are not too informative. There's not much there all the ingredients are there, for what I got it's not worth the price. I have purchase other oriental cook books \$3 to \$4 dollars cheaper that were full color and let you see what the dish will look like when cooked. I have tried couple of dishes using the books recipe and instructions they turned out ok BUT I see a lot self tweeking to recipes that I can do better myself.

This is a great collection of the most common Asian dishes you order from take out. Each recipe has a photo, which for me is a huge plus. The dishes look great, and the ingredients seem easy to find and prepare. You're not going to have to go to any specialty shops for the ingredients. While the title indicates all recipes will have noodles and rice, that's not the case. Some have neither. I also wish there was more diversity in the noodles. Most of the dishes can be made with spaghetti noodles, which I think is a substitute for lo mein noodles ( the book calls them Chinese noodles.) I think it would be nice to see rice noodles used too. Overall I think this is a good book for your take out fix at home.

Recipes look yummy, just to get busy and cook.

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